

Hurt, Insulted, Threatened with Harm and Screamed (HITS) Domestic Violence Screening Tool

Please read each of the following activities and place a check mark in the box that best indicates the frequency with which your partner acts in the way depicted.

Date: _____

Please Complete for the Past 12 Months Only

Age: _____

Sex: Male _____ Female _____

Ethnicity: Caucasian _____ Hispanic _____ African American _____ Asian _____ Indian _____

How often does your partner?	Never	Rarely	Sometimes	Fairly Often	Frequently
1. Physically hurt you					
2. Insult or talk down to you					
3. Threaten you with harm					
4. Scream or curse at you					
	1	2	3	4	5
Total Score:					

Each item is scored from 1-5. Range between 4-20. A score greater than 10 signify that you are at risk of domestic violence abuse, and should seek counseling or help from a domestic violence resource center such as the following:

The Family Place Hotline– 214.941.1991

Genesis Women’s Shelter– 214.389.7700; **Genesis Hotline**– 214.946.HELP (4357)

Texas Council on Family Violence– 800.525.1978

National Domestic Violence Hotline– 1.800.799.SAFE (7233)

For more information, call **1.800.4BAYLOR** or visit us online at BaylorHealth.com/DallasTrauma.

